

**DETAILS OF ANY CONTINUOUS MEDICAL EDUCATION
PROGRAMMES, CONFERENCES OR ANY ACTIVITIES DURING LAST
ONE YEAR**

| Sr. No. | DETAILS OF ANY CONTINUOUS MEDICAL EDUCATION PROGRAMMES, CONFERENCES | ATTACHED CERTIFICATE |
|------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 1. | Dr. Manisha Professor of Rog Nidan attended a CME at AIIA, New Delhi from 27 Jan to 01 Feb. |  |
| 2. | One day conference on “AGNI KARMA” organized by CCRAS, Patiala was attended by Dr. Raman Dhaliwal & Dr. Neeraj Kumar Rai. |  |

| | | |
|----|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 3. | <p>DR. Ravneet attended national workshop organized by AIMIL on 03 february.</p> |  |
| 4. | <p>DR. Gauhar Vatsayan Professor in the Deptt. of Panchkarma conducted many webinars on various topics</p> |  |
| 5. | <p>DR. Neeraj Kumar Rai has got training in AGNIKARMA on 09Nov-2019 held at CRI, Patiala under the guidance of Dr. Umesh Sehgal MS.</p> |  |

| | | |
|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <p>6.</p> | <p>As per direction of secretary Ayush Vaidya Shri Rajesh Kotecha a lecture was organised at Guru Nanak Ayurvedic Medical college and Research Institute under the theme of "Ayurveda for covid-19 Pandemic" to aware the students regarding Covid-19 manifestations and to specifically highlight the role of Preventive, Promotive, Curative and Rehabilitation in Management of Covid-19 through Ayurveda.</p> <p>Dr. Ashwani Sharda, Principal while addressing the students advised them to follow the protocols regarding Covid-19 i.e., Maintain social distancing, use masks and frequent hand washing.</p> |  |
| <p>7.</p> | <p>DR. ARSHPREET KAUR, Associate Professor in the Deptt. of Prasuti and Stri Rog attended a “National webinar on Medical Ethics For Ayurveda Doctors” which organised by Dept. Of Agadtantra Evum Vidhi Vaidyak, ADAMC, Ashta.</p> |  |

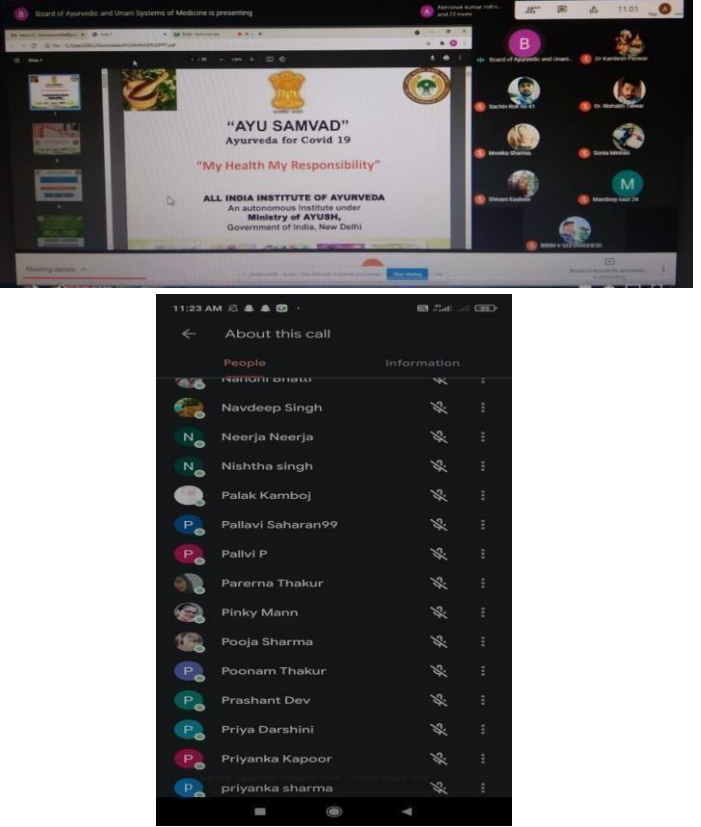

8.

A webinar on “ **Panchagavya Ayurveda Chikitsa ... Clinical Experiences**” was conducted by Vd. Nandini bhojraj ,MD Rasashastra, Ayurved Consultant On 10 May 2021.

Around 10 teachers and 60 students of our college attended this webinar.



The image displays a promotional poster for a webinar and a screenshot of the Zoom meeting interface. The poster, titled "आयुर्वेद निरूपण व्याख्यान माला" (Ayurveda Nirupana Vyaakhyan Mala), is for a webinar on "Panchagavya Ayurveda Chikitsa... Clinical experiences" held on May 10th, 2021, from 3:00 pm to 4:00 pm. The guest of honor is Vd. Nandini Bhojraj, MD Rasashastra, Ayurved Consultant. The topic is presented by Dr. Suresh Teole, MD Kay, MD Prasuti, Professor & HOD Striurog Prasutitantra, G S Ayurved Medical College Pilkhuwa, UP. The organizers are Dr. Sanjeev Goyal, Vd. Rakesh Sharma, Dr. Ish Sharma, and Vd. Anil Bhardwaj. The Zoom meeting screenshot shows a list of 135 participants, including Neha, Neha (Guest), Neha Arora, Niketha Rana, Nishtha, Nitin Juneja, Nitin kumar, Pallavi Salwan_BK, pankaj sharma, parul, pawan, and pinki_33(babe ke). A small video window shows a participant speaking.

| | | |
|------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <p>9.</p> | <p>A webinar on “AYU-SAMVAD”, as desired by Ministry of Ayush, Govt. of India, New Delhi, was conducted by Board of Ayurvedic and Unani System of Medicine, Punjab on 18 May 2021.</p> <p>Around 10 teachers and 90 students of our college attended this webinar.</p> |  |
| <p>10.</p> | <p>As per guidelines of the AYUS and Guru Ravidas Ayurved University preparatory session for the coming “International YOGA Day” was organized on 10th and 17th May 2021 at Shri Guru Nanak Ayurvedic Medical College and Research Institute, Gopampur, Ludhiana. Students, faculty and hospital staff participated in it. Main focus of the session was on yogic exercises that strength our respiratory path ways. All the attendance were made it a routine for their personal well-being and guiding to the coming patience as well.</p> |  |

11. As per AYUSH guidelines, Yoga classes are running at GURU NANAK AYURVEDIC MEDICAL COLLEGE, GOPALPUR from 10/05/2021 that will be running up to 21/06/2021 i.e. on international Yoga Day. Expert doctor M.D. Sandeep Sharma is taking yoga classes at college ground obeying the rule of social distancing. He is providing great knowledge about the exercises and also taking precautions about the pandemic COVID -19 diseases. College management and Principal also appreciate this work.



ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਾਲਪੁਰ ਵਿਖੇ ਯੋਗ ਅਭਿਆਸ ਕਰਨ ਸਮੇਂ ਕਾਲਜ ਵਿਦਿਆਰਥੀ ਤੇ ਅਧਿਆਪਕ ।

ਤਸਵੀਰ : ਅੰਮ੍ਰਿਤਸਰ ਸਿੰਘ ਕੋਲੋਂ

ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਾਲਪੁਰ ਵਿਖੇ ਯੋਗ ਅਭਿਆਸ ਦੀ ਆਰੰਭਤਾ

ਭੋਰਲੋਂ, 24 ਮਈ (ਅੰਮ੍ਰਿਤਸਰ ਸਿੰਘ ਕੋਲੋਂ)-ਆਯੁਸ਼ ਦੀਆਂ ਹਦਾਇਤਾਂ ਮੁਤਾਬਿਕ ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਾਲਪੁਰ ਵਿਖੇ ਕੋਵਿਡ-19 ਦੇ ਚੈਲੇਂਜਾਂ ਤੋਂ ਬਚਾਅ ਕਾਲਜ ਗਰਾਊਂਡ ਵਿਖੇ ਦੂਰੀ ਬਣਾ ਕੇ ਸਾਰੇ ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਅਧਿਆਪਕ, ਨਾਨਕ-ਟੀਚਿੰਗ ਨੂੰ ਯੋਗਾ ਕਰਵਾਇਆ ਜਾ ਰਿਹਾ ਹੈ ਜੋ 21 ਜੂਨ ਵਿਸ਼ਵ ਯੋਗ ਦਿਵਸ ਤੱਕ ਚੱਲੇਗਾ। ਇਸ ਸਮੇਂ ਯੋਗਾ ਮਾਹਿਰ ਐਮ.ਡੀ. ਡਾ. ਸੰਦੀਪ ਸ਼ਰਮਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵੱਖ-ਵੱਖ ਤਰ੍ਹਾਂ ਦੇ ਯੋਗ ਆਸਨ, ਧਿਆਨ ਆਦਿ ਕਿਰਿਆਵਾਂ ਕਰਵਾ ਕੇ ਕੋਰੋਨਾ ਮਹਾਮਾਰੀ ਤੋਂ ਬਚਣ ਬਾਰੇ ਵੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਇਸ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਵਲੋਂ ਵੱਖ-ਵੱਖ ਤਰ੍ਹਾਂ ਦੇ ਆਸਨਾਂ ਦਾ ਅਭਿਆਸ ਮਾਹਿਰ ਡਾ. ਅਸ਼ਵਨੀ ਸ਼ਰਮਾ, ਪ੍ਰਿੰਸੀਪਲ ਦੀ ਨਿਗਰਾਨੀ ਹੇਠ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਇਸ ਸਮੇਂ ਕਾਲਜ ਸੰਸਥਾ ਦੇ ਚੇਅਰਮੈਨ ਡਾ. ਬਲਵਿੰਦਰ ਸਿੰਘ ਵਾਲੀਆ, ਜਨਰਲ ਸਕੱਤਰੀ ਡਾ.

ਇਕਬਾਲ ਸਿੰਘ ਵਾਲੀਆ, ਡਾਇਰੈਕਟਰ ਡਾ. ਯਤਿੰਦਰ ਨਾਥ ਸ਼ਰਮਾ ਨੇ ਮਨਿਸਟਰੀ ਆਫ ਆਯੁਸ਼ ਦੇ ਵਿਸ਼ਵ ਯੋਗਾ ਦਿਵਸ ਮਨਾਉਣ ਦੇ ਵਿਸ਼ੇਸ਼ ਉਪਰਾਲੇ ਦੀ ਭਰਪੂਰ ਸਲਾਹਾ ਵੀ ਕੀਤੀ। ਕਾਲਜ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਅਸ਼ਵਨੀ ਸ਼ਰਮਾ ਅਤੇ ਪ੍ਰੋਫੈਸਰ ਡਾ. ਜੋਤੀ ਸ਼ਰਮਾ ਨੇ ਕਿਹਾ ਕਿ ਕੋਵਿਡ-19 ਦੇ ਸਮੇਂ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਯੋਗ ਦੇ ਨਾਲ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਦੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਸਾਥੀਆਂ ਨੂੰ ਕੋਰੋਨਾ ਮਹਾਮਾਰੀ ਸਮੇਂ ਆਪਣੇ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਨਿਯਮਿਤ ਰੂਪ ਨਾਲ ਯੋਗ ਅਭਿਆਸ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ ਤਾਂ ਜੋ ਕਿ ਸਾਡੇ ਸਰੀਰ ਦੀ ਰੋਗਾ ਨਾਲ ਲੜਨ ਦੀ ਸਮਰੱਥਾ ਬਣੀ ਰਹੇ। ਅੰਤਰਰਾਸ਼ਟਰੀ ਯੋਗ ਦਿਵਸ ਸੰਸਨ ਦੇ ਅੰਤ ਵਿਚ ਯੋਗਾ ਮਾਹਿਰ ਐਮ. ਡੀ. ਡਾ. ਸੰਦੀਪ ਸ਼ਰਮਾ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਯੋਗ ਦਾ ਨਿਯਮਿਤ ਰੂਪ ਨਾਲ ਅਭਿਆਸ ਕਰਨ ਦੀ ਸਲਾਹ ਦਿੱਤੀ।

‘ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਯੋਗ ਅਭਿਆਸ ਕਰਨਾ ਚਾਹੀਦੇ’

ਭੋਰਲੋਂ, 24 ਮਈ (ਡਾ. ਪ੍ਰਦੀਪ)-

ਗੁਰੂ ਨਾਨਕ ਆਯੁਰਵੈਦਿਕ ਕਾਲਜ ਗੋਪਾਲਪੁਰ ਵੱਲੋਂ ਮਨਿਸਟਰੀ ਆਫ ਆਯੁਸ਼ ਦੀਆਂ ਹਦਾਇਤਾਂ ਅਨੁਸਾਰ ਕੋਵਿਡ-19 ਕਾਲ ਦੇ ਚਲਦਿਆਂ ਹਰ ਰੋਜ਼ ਸਵੇਰੇ ਕਾਲਜ ਦੀ ਗਰਾਊਂਡ ਵਿਖੇ ਹਦਾਇਤਾਂ ਅਨੁਸਾਰ ਦੂਰੀ ਬਣਾ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਯੋਗਾ ਕੰਪ ਦੌਰਾਨ ਯੋਗਾ ਕਰਵਾਇਆ ਜਾ ਰਿਹਾ ਹੈ। ਯੋਗਾ ਮਾਹਿਰ ਐਮ. ਡੀ. ਡਾ. ਸੰਦੀਪ ਸ਼ਰਮਾ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਵੱਖ-ਵੱਖ ਤਰ੍ਹਾਂ ਦੇ ਯੋਗ ਆਸਨ, ਧਿਆਨ ਆਦਿ ਕਿਰਿਆਵਾਂ ਕਰਵਾ ਰਹੇ ਹਨ। ਇਸ ਦੌਰਾਨ ਕੋਰੋਨਾ ਮਹਾਮਾਰੀ ਤੋਂ ਬਚਣ ਲਈ ਵੀ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਜਾਂਦੀ ਹੈ। ਇਸ ਦੌਰਾਨ ਵਿਦਿਆਰਥੀਆਂ ਦੁਆਰਾ ਵੱਖ-ਵੱਖ ਤਰ੍ਹਾਂ ਦੇ ਆਸਨਾਂ ਦਾ ਅਭਿਆਸ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਅਸ਼ਵਨੀ ਸ਼ਰਮਾ ਦੀ ਨਿਗਰਾਨੀ ਹੇਠ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਕਾਲਜ ਦੇ ਚੇਅਰਮੈਨ ਡਾ. ਬਲਵਿੰਦਰ ਸਿੰਘ ਵਾਲੀਆ,



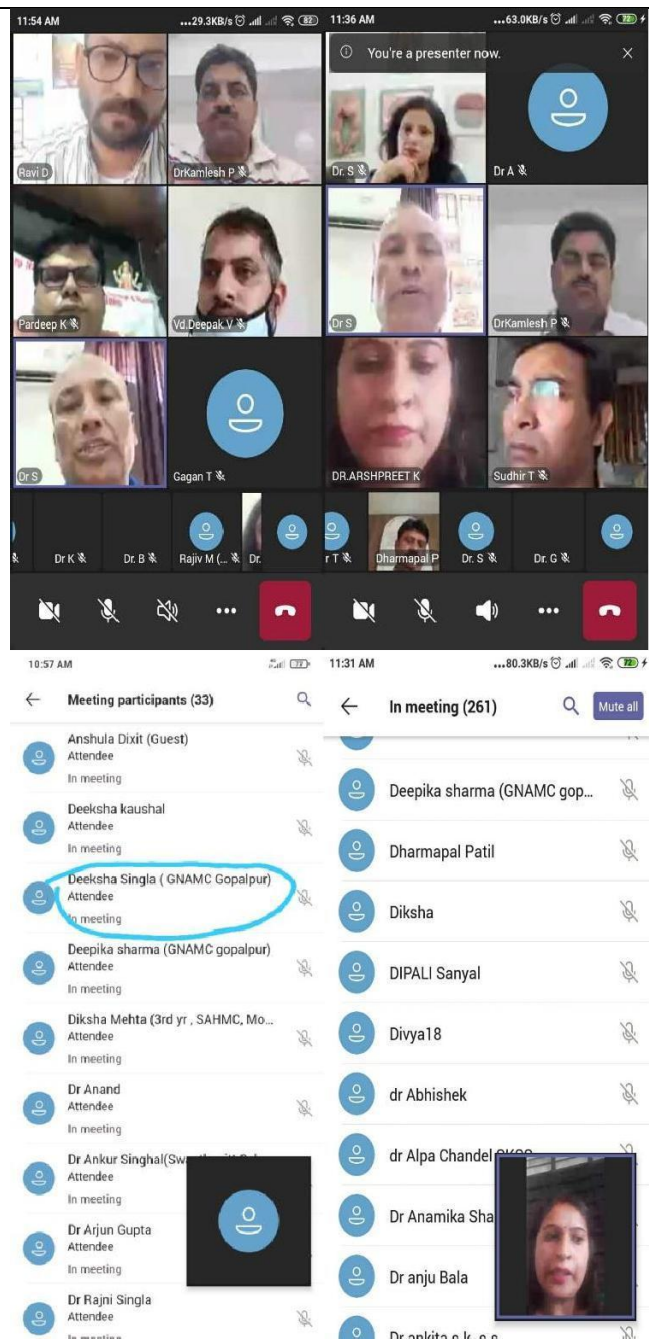
ਯੋਗਾ ਕਰਦੇ ਵਿਦਿਆਰਥੀ।








ਜਨਰਲ ਸਕੱਤਰ ਡਾ. ਇਕਬਾਲ ਸਿੰਘ ਵਾਲੀਆ, ਡਾਇਰੈਕਟਰ ਡਾ. ਯਤਿੰਦਰ ਨਾਥ ਸ਼ਰਮਾ ਨੇ ਮਨਿਸਟਰੀ ਆਫ ਆਯੁਸ਼ ਦੇ ਵਿਸ਼ਵ ਯੋਗਾ ਦਿਵਸ ਮਨਾਉਣ ਦੇ ਉਪਰਾਲੇ ਦੀ ਸਲਾਹ ਵੀ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਾਨੂੰ ਸਾਥੀਆਂ ਨੂੰ ਇਸ ਕੋਵਿਡ-19 ਦੇ ਸਮੇਂ ਦੌਰਾਨ ਆਪਣੇ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਯੋਗ ਅਭਿਆਸ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ, ਤਾਂ ਜੋ ਸਾਡੇ ਸਰੀਰ ਦੀ ਰੋਗਾਂ ਨਾਲ ਲੜਨ ਦੀ ਸਮਰੱਥਾ ਬਣੀ ਰਹੇ।




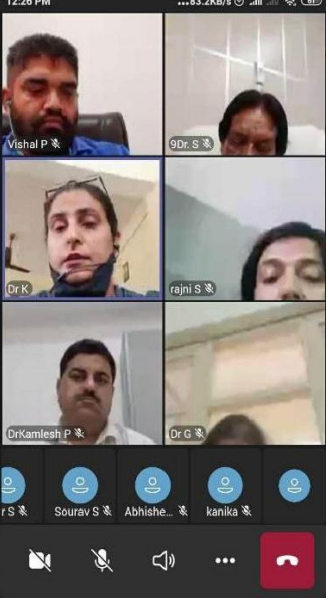
12. A webinar on “**AYU SAMVAD**” was organized by the university through video conference as per the guidelines of Ministry of AYUSH, Government of India. Around 10 teachers and 45 students of our college are attending this webinars as per the schedule of University. **Dr. Arshpreet Kaur M.S. (Ayurveda) of PTSR Dept. participated as speaker on topic” Practical approach to Garbha Sanskar”** and **Dr. Gauhar Vatsayan ,Reader, participated as speaker on topic” Vat Rakat in Kayachikitsa”** .


Such topics are:-

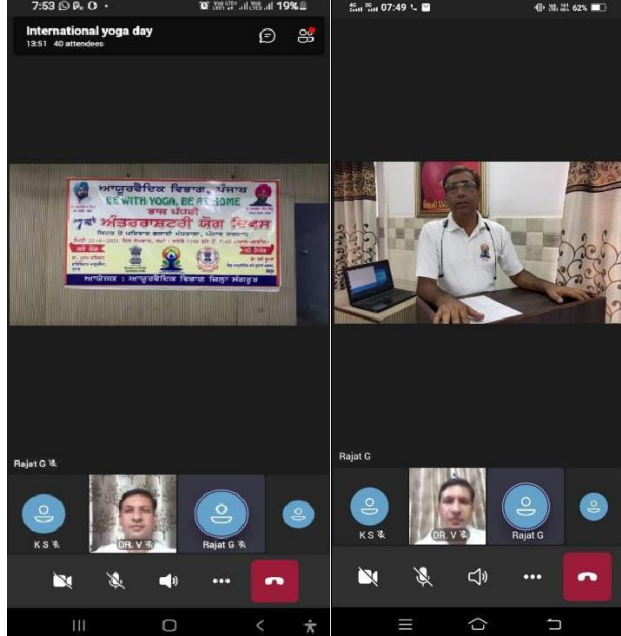
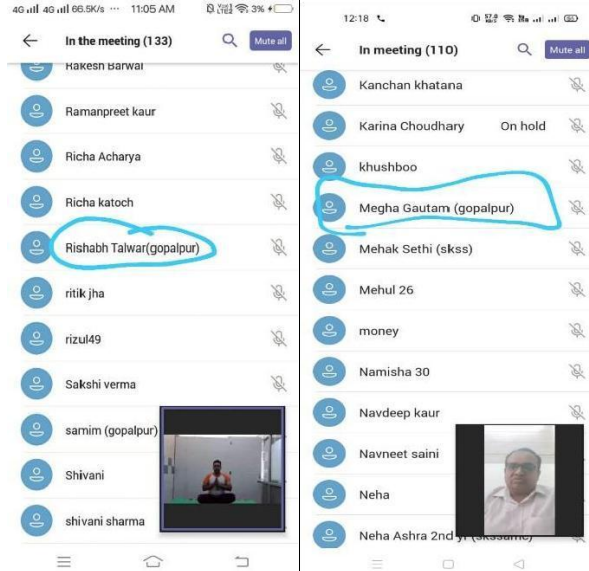
| DATE | TOPICS |
|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 28-05-21 | <ul style="list-style-type: none"> Post Covid Syndrome ‘Management in Ayurveda’ Role of integrated Ayurvedic treatment approach in present covid scenario |
| 29-05-21 | <ul style="list-style-type: none"> Rasayan Chikitsa in reference to COVID-19 Pharmacological aspect of Medicinal plants used in Covid19 |
| 31-05-21 | <ul style="list-style-type: none"> Nasya karma : Literary review and Probable Mode of Action Efficacy of Ayurvedic Drugs on Covid-19 |
| 01-06-21 | <ul style="list-style-type: none"> Scope for health promotion in society through healthy Ayurvedic regimens in brief Practical approach to Garbha Sanskar |
| 02-06-21 | <ul style="list-style-type: none"> Role of Homoeopathy as |

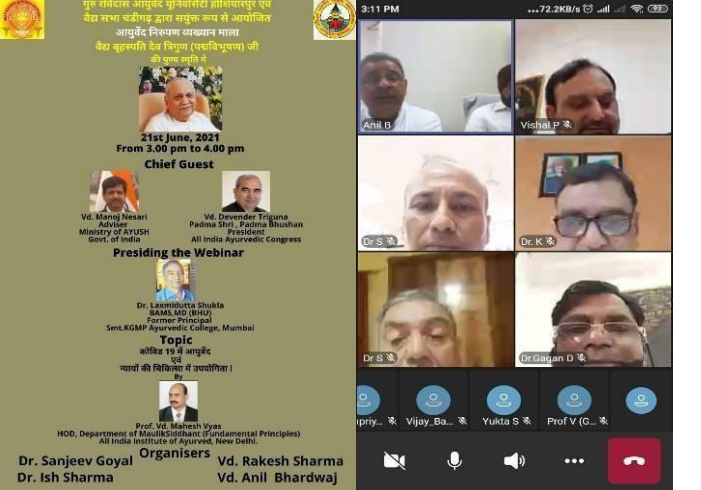
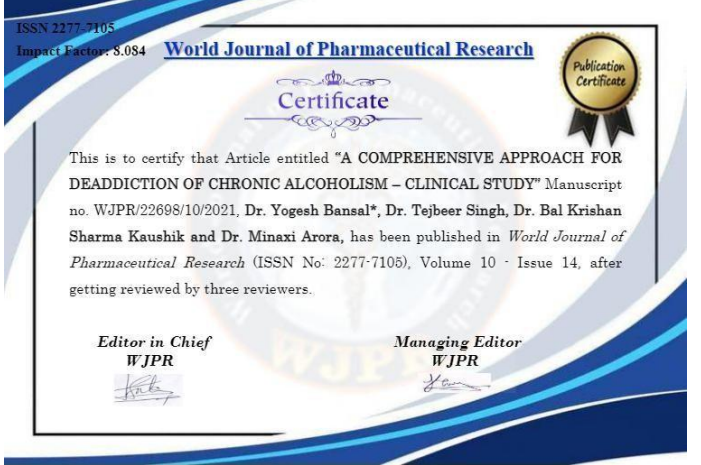



| | | | |
|--|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| | | Prophylaxis in Covid-19 <ul style="list-style-type: none"> Ayurvedic Perspective on Covid-19 Symptoms |  |
| | 03-06-21 | <ul style="list-style-type: none"> Preventive & Curative aspect of Nasya w.s.r to Covid-19 Immunity Enhancers for Child in Current Pandemic Situation |  |
| | 04-06-21 | <ul style="list-style-type: none"> Role of Yoga in enhancing immunity COVID 19 modulation of immunity through Unani system of medicine An Overview on Post Covid Fungal Infections |  |
| | 05-06-21 | <ul style="list-style-type: none"> How Yoga can be helpful in boosting Immunity Rasaushdhi in combating CoVID -19 |  |
| | 07-06-21 | <ul style="list-style-type: none"> Benefits of Haridra & Neem in Covid 19 pandemic Prevention of covid infection in children Roll of Herbo mineral formation in the Management of present situation |  |
| | 08-06-21 | <ul style="list-style-type: none"> Vat Rakat in Kayachikitsa Rakshavidhan upkrma in prevention of airborne infections (covid 19) |  |
| | 09-06-21 | <ul style="list-style-type: none"> Post COVID-complications and Homoeopathic management |  |

| | | | |
|--|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| | | <ul style="list-style-type: none"> Therapeutic approach in COVID-19 through Unani system of medicine |  |
| | 10-06-21 | <ul style="list-style-type: none"> Long Term Covid & its Homoeopathic management Effect of Covid-19 Pandemic on Health Care Delivery Methods-Emerging Trends |  |
| | 11-06-21 | <ul style="list-style-type: none"> Ayurvedic Management of Pregnant Women during Covid-19 Pandemic Swasthya Rakshan during Covid: A Holistic Approach |  |
| | 12-06-21 | <ul style="list-style-type: none"> Preventive measures of Women's in Covid 19 General discussion on Vaccination |  |
| | 15-06-21 | <ul style="list-style-type: none"> Significance of Dincharya in Health preservation and promotion Management of Covid 19 through Ayurveda | |
| | 16-06-21 | <ul style="list-style-type: none"> Dietary management of covid 19 The Relevance of Dietetic Approach of Ayurveda regarding covid 19 Pandemic with my personal experience | |
| | 18-06-21 | <ul style="list-style-type: none"> Ayurvedic approach to Mucormycosis PANCHMAHABHUTA S AND ACHARRASAYANA- | |

| | | | |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| | | Reimagination and Restoration w.s.r. to Covid 19 <ul style="list-style-type: none"> • Role of Ayurveda in Covid-19: Pros & Con | |
| | | | |
| 13. | As per guidelines of the AYUS and Guru Ravidas Ayurved University preparatory session for “ International YOGA Day ” was organized on June 21, 2021 at Shri Guru Nanak Ayurvedic Medical College and Research Institute, Gopalpur, Ludhiana. Students, faculty and hospital staff participated in it. Main focus of the session was on yogic exercises that strengthen our respiratory path ways. | |  |

| | | |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| 14. | <p>A webinar on “7th International yoga Day” was conducted by Government of India and Ayurvedic Department of Sangrur on 21 june 2021 at 7:00 AM. Our faculty and students attended this webinar as advised.</p> |  |
| 15. | <p>A webinar on “7th International yoga Day” was organised by Guru Ravidas Ayurved University, Punjab 21 June 2021 at 11:00. Main focus of this webinar was to demonstrate Yoga Aasans and deliver a talk on yoga by different experts. Around 15 teachers and 45 students of our college attended this webinar.</p> |  |

| | | |
|------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <p>16.</p> | <p>A webinar on “Concept and Treatment Principles of Ayurveda in Management of Covid-19” was organised by All India Institute of Ayurved, New Delhi on 21 june 2021 at 3:00 PM.</p> <p>Around 20 teachers and 50 students of our college attended this webinar.</p> |  |
| <p>17.</p> | <p>Dr. Tejbeer Singh, Professor of Deptt. DRAVYA GUNA VIGYAN, has been Published in World Journal of Pharmaceutical Research and achieved a great success.</p> |  |
| <p>18.</p> | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been participated in the Intrenational webinar on “Ayurvedic Approach in Mental Health Disorder” organized by IQAC & Department of Kriya Sharir</p> |  |

| | | |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 19. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been Participated NISHKRITI-2021 With theme of GERIATRIC DISEASES CARE AND CURE-2021</p> |  |
| 20. | <p>Dr. Nidhi Jain Professor of deptt. Kayachikitsa, has been Participated in 'Ashtang Sambhasha Sangam International Webinar'.</p> |  |
| 21. | <p>Dr. Nidhi Jain Professor of deptt. Kayachikitsa, has been Participated in the NATIONAL WEBINAR SERIES "AYUSH VIBHODHINI-2"</p> |  |

| | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 22. | <p>Dr. Nidhi Jain Professor of deptt. Kayachikitsa, has been Participated in Webinar on 'Viral Disorders and their Management in Ayurveda with Special Reference to COVID-19'.</p> |  <p>4th NATIONAL WEBINAR ON EVIDENCE BASED APPROACH FOR PROPHYLAXIS AND MANAGEMENT OF COVID-19 THROUGH AYURVEDA INTERVENTIONS</p> <p>CERTIFICATE OF PARTICIPATION</p> <p>This Certificate is presented to</p> <p>Dr. Nidhi Jain</p> <p>for participating in Webinar on Viral Disorders and their Management in Ayurveda with Special Reference to COVID - 19</p> <p>Organized by Regional Ayurveda Research Institute, Nagpur (under CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES, MINISTRY OF AYUSH, GOVT. OF INDIA, NEW DELHI)</p> <p>04 / 03 / 2022 DATE</p> <p>Dr. Milind N Suryavanshi Assistant Director Incharge RARI, Nagpur</p> |
| 23. | <p>Dr. Nidhi Jain Professor of deptt. Kayachikitsa, has been Participated in Webinar on Overview of COVID-19.</p> |  <p>5th NATIONAL WEBINAR ON EVIDENCE BASED APPROACH FOR PROPHYLAXIS AND MANAGEMENT OF COVID-19 THROUGH AYURVEDA INTERVENTIONS</p> <p>CERTIFICATE OF PARTICIPATION</p> <p>This Certificate is presented to</p> <p>Dr. NIDHI JAIN</p> <p>for participating in Webinar on Overview of COVID - 19</p> <p>Organized by Regional Ayurveda Research Institute, Nagpur (under CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES, MINISTRY OF AYUSH, GOVT. OF INDIA, NEW DELHI)</p> <p>23 / 03 / 2022 DATE</p> <p>Dr. Milind N Suryavanshi Assistant Director Incharge RARI, Nagpur</p> |
| 24. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been published in International Education and Research Journal and achieved a great success.</p> |  <p>E-ISSN No : 2454-9916</p> <p>Impact Factor : 6.808 IC Value : 71.9</p> <p>Certificate of Publication</p> <p>Is hereby awarding this certificate to</p> <p>Prof./Dr./Mr./Mrs./Miss. MANISHA SHARMA</p> <p>International Education and Research Journal</p> <p>In recognition of the publication of the paper entitled</p> <p>Title "RETROSPECTIVE CLINICAL SURVEY: A STUDY TO SHOW THE EFFECT OF NIDRA VIPARYAYA ON DHATU SARATA</p> <p>Published with Peer-Reviewed (Refereed) Journal in Volume. 8, Issue. 6, June 2022</p> <p>Editor in Chief</p> <p>IERJ</p> |

| | | |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 25. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been Participated in Research Methodology & Medical Statistics Lecture.</p> |  |
| 26. | <p>Dr. Nidhi Jain Professor of deptt. Kayachikitsa, has been Participated in the Continuing of Medical Education (CME) for Teachers of Kayachikitsa.</p> |  |
| 27. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been Participated in Silver Jubilee Celebrations of VISHWA AYURVEDA PARISHAD</p> |  |

| | | |
|-----|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 28. | <p>Dr. Manisha Sharma, Professor of Deptt. ROG Nidan has been attend National seminar CARAKA SAMHITA</p> |  <p>The certificate is from the Dept. of Samhita, Sanskrit & Siddhanta at Vaidyaratnam P.S. Varier Ayurveda College, Kottakkal, Kerala, India. It commemorates the 171st birth anniversary of Dr. C.R. Agnivesh on 17th May 2022. The seminar was held on 18th May 2022. Prof. Dr. Manisha Sharma is the participant. The organizing committee includes Dr. CV Jayadevan MD(Ay) and Dr. MV Vinodkumar MD(Ay), PhD.</p> |
| 29. | <p>Dr. Manisha Sharma, Professor of Deptt. ROG Nidan has been attended and Participated in the Workshop of Nasya Karma.</p> |  <p>The certificate is from the Department of Panchkarma at Uttarakhand Ayurved University, Gurukul Campus, Haridwar. It certifies that Dr. Manisha Sharma attended and actively participated in the Workshop of Nasya Karma on 18th September 2022 as a Registered Delegate. The convener is Prof. Uttam Kumar Sharma and the organizing secretary is Dr. Mayank Bhatkoti.</p> |
| 30. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been participated in Rognidan National Webinar.</p> |  <p>The certificate is from the Dr. G.D. Pol Foundation, YMT Ayurvedic Medical College, Kharghar, Navi Mumbai. It certifies that Prof. Dr. Manisha Sharma participated in the Rognidan National Webinar on 21st September 2022. The convener is Dr. Archana Gharage and the principal is Dr. Sanjeev Yadav.</p> |

| | | |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 31. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been participated in an oral Paper Presents in 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda held on 18th and 19th November, 2022.</p> |  <p>The certificate is from SGT University, Shree Guru Gobind Singh Tricentenary University (UGC & AICTE Approved), Gurugram, Delhi-NCR. It is awarded to Ms. / Mr. / Dr. Manisha Sharma for participating as a Delegate / Oral Paper Presenter / Poster Presenter in the 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda, held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System. The certificate number is S.No: SGTU/1745/2022. It is signed by Prof. (Dr) O.P. Kalra (Vice Chancellor), Prof. (Dr) Prasanna V Savanur (Chairman, Organizing Committee, Dean, Faculty of Indian Medical System), and Prof. Dr. Jyoti Kumbar (Organizing Secretary).</p> |
| 32. | <p>Dr. Manisha Sharma, Professor of Deptt. Rog Nidan, has been Participated in a Paper Presents in 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda held on 18th and 19th November, 2022 at SGT University.</p> |  <p>The certificate is from SGT University, Shree Guru Gobind Singh Tricentenary University (UGC & AICTE Approved), Gurugram, Delhi-NCR. It is awarded to Dr. Manisha Sharma for being the Chair / Co-Chair in the 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda, held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System. The certificate number is S.No: SGTU/1925/2022. It is signed by Prof. (Dr) O.P. Kalra (Vice Chancellor), Prof. (Dr) Prasanna V Savanur (Chairman, Organizing Committee, Dean, Faculty of Indian Medical System), and Prof. Dr. Jyoti Kumbar (Organizing Secretary).</p> |
| 33. | <p>Dr. Priyadarshini Professor of deptt. Panchkarma, has been Participated in oral Paper Presents and Poster Presents in 'AYUSHKAMIYAM 2022' National Conference on Exploring the recent trends in Ashtang Ayurveda held on 18th and 19th November, 2022.</p> |  <p>The certificate is from SGT University, Shree Guru Gobind Singh Tricentenary University (UGC & AICTE Approved), Gurugram, Delhi-NCR. It is awarded to Ms. / Mr. / Dr. Priyadarshini for participating as a Delegate / Oral Paper Presenter / Poster Presenter in the 'AYUSHKAMIYAM 2022' National conference on exploring the recent trends in Ashtang Ayurveda, held on 18th and 19th November, 2022 at SGT University, organized by the Faculty of Indian Medical System. The certificate number is S.No: SGTU/1747/2022. It is signed by Prof. (Dr) O.P. Kalra (Vice Chancellor), Prof. (Dr) Prasanna V Savanur (Chairman, Organizing Committee, Dean, Faculty of Indian Medical System), and Prof. Dr. Jyoti Kumbar (Organizing Secretary).</p> |

34. **Dr. Dimple Jagdpaul** Professor of deptt. Rachna Sharir has been Participating in “AYUSHKAMIYAM 2022”.



| | | |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 35. | <p>Dr. Tanvi Mahajan Professor of deptt. Rachna Sharir, has been Participated in the Continuing of Medical Education (CME) for Teachers of Rachna Sharir.</p> |  <p>The certificate is titled "CME FOR TEACHERS OF RACHANA SHARIR" for the period 21st to 26th November 2022. It is issued by the PG Dept. of Rachana Sharir, National Institute of Ayurveda, Deemed to be University, Jaipur. The certificate certifies Dr. Tanvi Mahajan for her participation as a Trainee in the Continuing of Medical Education (CME) for Teachers of Rachana Sharir. The certificate is signed by Dr. Sunil Kumar Yadav, Associate Professor (Organizing Secretary), and Prof. Sanjeev Sharma, Vice Chancellor (Organizing Chairman).</p> |
| 36. | <p>Dr. Arshpreet Kaur Professor of deptt. PRASUTI & STRI ROGA, has been Participated in the Ayurveda Practitioner.</p> |  <p>The certificate is titled "CERTIFICATE" and is issued by Nature Fit. It certifies Dr. Arshpreet Kaur, an Ayurveda Practitioner, for her participation in the "DIAGNOSIS WITH SYSTEMIC TREATMENT MODULE IN HAIR AND SKIN DISEASES". The certificate is dated 03/02/2023 and is signed by Arneet Bhatia, CEO of NatureFit.</p> |
| 37. | <p>Dr. Kiranpreet Thakur Professor of deptt. Shalakya Tantra has been Participated in "Continued Medical Education Program(CME)" Organized by Regional Centre of Excellence in Ayurveda for Geriatric health Care"</p> |  <p>The certificate is titled "Certificate of Participation" and is issued by the Ministry of AYUSH, Government of India. It certifies Dr. Kiranpreet Thakur for her participation in the "Continued Medical Education Programme (CME)" organized by the "Regional Centre of Excellence in Ayurveda for Geriatric Health Care" at Rajiv Gandhi Govt. Post Graduate Ayurvedic College & Hospital, Paprola Dist. Kangra (Himachal Pradesh) under sponsorship of Ministry of AYUSH, Government of India, from 20th March to 25th March 2023. The certificate is signed by Dr. Anil Bhardwaj, Overall Incharge, and Prof. Vijay Chaudhary, Principal.</p> |

| | | |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 38. | <p>Dr. Manisha Sharma(Principal), has successfully completed Capacity Building Programme on Education Planning & Administration.</p> |  |
| 39. | <p>Dr. Rashi Jaiswal, Assistant Professor, GNAC, Ludhiana, Attended the CME For teachers of KAUMARABHRITY-BALAROGA.</p> |  |
| 40. | <p>Dr. Manisha Sharma(Principal), GNAC, Ludhiana, Participating in National Seminar held at Ch. Devi Lal College of Ayurvedia & Hospital, Jagadhri.</p> |  |

| | | |
|-----|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 41. | <p>Dr. Raman Toor Professor of deptt. Dravyaguna has been Participating in National seminar.</p> |  |
| 42. | <p>Dr. Dimple Jagpaul Professor of deptt. Rachna Sharir has been Participating in National Seminar.</p> |  |
| 43. | <p>Dr. Ritika Sharma, Assistant Professor, GNAC, Ludhiana, Participated as an Delegate in "CHARKAYATAN".</p> |  |

| | | |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 44. | <p>Dr. Ekta Dogra, Assistant Professor, GNAC, Ludhiana, Participated as an Delegate in "CHARKAYATAN".</p> |  <p>RASHTRIYA AYURVEDA VIDYAPEETH (NATIONAL ACADEMY OF AYURVEDA) (An autonomous body under Ministry of Ayush, Govt. of India) Dhanwantri Bhawan, Road No. 66, Punjabi Bagh (West), New Delhi-110026</p> <p><i>Certificate of Participation</i></p> <p>This is to certify that <u>Dr. Ekta Dogra</u> of <u>GNAC, Ludhiana, Punjab</u> has participated as an <u>Expert / Delegate / Co-ordinator</u> in "CHARKAYATAN". Six day Residential Training Programme for Teachers and Scholars of Ayurveda, organized by Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi - 110026, during 25 - 30 September 2023 at Rajiv Gandhi Govt. Post Graduate Ayurvedic College, Paprola, Himachal Pradesh.</p> <p><u>J. Triguna</u> (Vaidya Devinder Triguna) President, Governing Body, RAV</p> <p><u>Vandana Siroha</u> (Dr. Vandana Siroha) Director, RAV</p> |
| 45. | <p>Dr. Ekta, Assistant Professor, GNAC, Ludhiana, Participated as PAPER Presentation in NATIONAL CONFERENCE ON FEMALE INFERTILITY Organized by Dept. of Prasuti Tantra & Stri Roga.</p> |  <p>अखिल भारतीय आयुर्वेद संस्थान ALL INDIAN INSTITUTE OF AYURVEDA (An Autonomous Organization Under Ministry of AYUSH, Govt. of India) Mudra Rd, Gurgaon Puri, Sarita Vihar, New Delhi, Delhi-110076</p> <p>सृजना - 2023 17 th & 18 th April, 2023</p> <p>CERTIFICATE OF PARTICIPATION Is Proudly Presented to</p> <p><u>Dr. Ekta</u></p> <p>For participating in POSTER / PAPER presentation in NATIONAL CONFERENCE ON FEMALE INFERTILITY Organized By Department of Prasuti Tantra & Stri Roga . Congratulations on your remarkable achievement! We wish you all success in Future .</p> <p><u>DR. KAMINI DHIMAN</u> ORGANIZING SECRETARY</p> <p><u>PROF. TANUJA M. NESARI</u> DIRECTOR, AIA</p> |